

## ABSTRACT OF THE DISCLOSURE

Disclosed is a hygienic absorbent article including: a back layer; an absorbent layer; and a three-dimensional portion  
5 to rise in T-shaped state over the absorbent layer due to longitudinal elastic contractive force of elastic members provided in the three-dimensional portion. The three-dimensional portion has: connecting portions fixed onto the absorbent layer; and a skin-contacting portion connected to the absorbent layer through the connecting portions and having a pair of free ends.

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